



St. Martha's Parish

Sixth Sunday of Easter – May 10th 2026



John 14: 15-21: Jesus promises his friends, at that sad, dark moment, that after him, they will receive “another Paraclete” (v. 16). This word means another “Advocate”, another Defender, another Counsellor: “the Spirit of Truth”; and he adds, “I will not leave you desolate; I will come to you”. These words convey the joy of a new Coming of Christ. He, Risen and glorified, dwells in the Father and at the same time comes to us in the Holy Spirit. And in his new coming, he reveals our union with him and with the Father: “You will know that I am in my Father, and you in me, and I in you”. Today, by meditating on these words of Jesus, we perceive with the sense of faith that we are the People of God in communion with the Father and with Jesus through the Holy Spirit. The Church finds the inexhaustible source of her very mission, which is achieved through love, in this mystery of communion. Jesus says in today’s Gospel: “He who has my commandments and keeps them, loves me; and he who loves me will be loved by my Father, and I will love him and manifest myself to him”. So, love introduces us to the knowledge of Jesus, thanks to the action of this “Advocate” that Jesus sent, that is, the Holy Spirit. Love for God and neighbour is the greatest commandment of the Gospel. The Lord today calls us to respond generously to the Gospel’s call to love, placing God at the centre of our lives and dedicating ourselves to the service of our brothers and sisters, especially those most in need of support and consolation. ~ *pope Francis*

Mass, Confession, Prayer

Mass Times: Mon, Wed-Fri at 9am | Tue at 7pm
Sat. 5pm | Sun. 9am & 11am

Reconciliation: Tue 7:30pm, Sat 4pm or by appointment
Adoration: Tue 12pm-6pm; Wed & Thu 9:30am-3:30pm; Fri 9:30am-8pm – schedule permitting
Rosary: 40min before Mass
Divine Mercy Chaplet: Fridays 3pm
Divine Office: Morning prayers after weekday morning Masses

Contact Information

403-381-8891 • office@stmarthasparish.ca

Pastor: Fr. Valentine Suum

fvalentine@stmarthasparish.ca

OFFICE CLOSED on Mon, May 18, Victoria Day

To use the K of C Hall please contact
Stan Volk 403-359-0472.



Please pray for the sick in our parish:

Ken Collin, Larry Spiess, Clifford Twigg, Bev Twigg, Susan Riel, Roger Buckskin, Daryl Many Fingers, Bernadette Heck-Veres, Bernie Yaretz, Ellis Watson, Kellie Grisak

Grocery Cards Program - KofC & CWL Fundraiser

Support our Parish! Purchase your Grocery Cards at the office (cash or cheques), and in the gathering space after weekend Masses, or make an e-transfer: knightscards9280@gmail.com indicating the STORE name. Orders received & paid for by Thursday, will be available for quick pickup at our Grocery Card stand at the Masses on the following Saturday / Sunday. Preferred payment at the Kiosk is Debit but we also accept Visa and Mastercards

ST. MARTHA'S CWL THE ANNUAL BANQUET

Where: MODERN CHINESE, 103 – 7 Street South
 When: Wednesday, **June 10, 2026** - 5:30 p.m. to 8:30 p.m.
 Cost - \$25.00 Please **RSVP by Wednesday, June 3, 2026** to Cindy Desjarlais – 403-330-8829 or cindyimdesjarlais@gmail.com
 Pay at the Door or by E-Transfer at stmarthascwl@gmail.com (indicate your name and event). Please bring a Friend.

Mass to honor our Lady

All are cordially invited to an outdoor Mass to honor Our Lady, followed by a potluck on Saturday, **May 30th, 2026**. 1008 4 St. West Barnwell. Arrive 10:45am, Rosary & Mass begin at 11am. Bring a lawn chair & a potluck item to share. Burgers, hot dogs, and beverages provided. Bouncy castles, bumper balls, and games for the youth. Please RSVP 403-894-1471

Life & Family Week 2026

The Canadian Conference of Catholic Bishops (CCCB) warmly invites the Catholic faithful to celebrate together National Family and Life Week 2026 (NFLW), which will take place **from Sunday, 10 May to Sunday, 17 May 2026**. This year's theme, "I am with you always" (Matt. 28:20), serves as a reminder to the domestic church that Christ is with them in all their joys, struggles, and varied life experiences.

Catholic Education week

DID YOU KNOW **CATHOLIC EDUCATION WEEK 2026** **MAY 9-15, 2026**
 ANCHORED IN CHRIST
 A BEACON OF HOPE
 - HEKKEVIS & 18-14

- Catholic Schools in Alberta are **fully funded** by the Alberta Government and constitutionally protected by the Canadian Charter of Rights and Freedoms?
- We have over **180,000** students in Catholic schools across the province?
- Catholic schools integrate **faith** into all aspects of the curriculum?
- Catholic schools are governed by locally elected **Catholic School Trustees**?
- Catholic Education is supported by the **Council of Catholic School Superintendents of Alberta (CCSSA)** who provide professional development to our superintendents and promote the uniqueness of Catholic education?
- Our **Bishops** play a significant role in overseeing and providing spiritual leadership for Catholic education?
- Alberta is home to 23 Catholic **Francophone** schools, providing Catholic education in French for our Francophone community?
- Studies consistently show that students in Catholic schools often **outperform** their peers in public schools according to the Alberta Education Assurance Measure?
- Parents and community members can actively support Catholic education by participating in **Grateful Advocates for Catholic Education (GrACE)**? Sign up for the monthly newsletter here!
- All Catholic School Families have access to an online resource: **Growing in Faith, Growing in Christ?** Reach out to your Catholic School Division for more information!

Logos: The Catholic Bishops of Alberta and the Northwest Territories, GrACE, CCSSA, CÉFFA

Mass intentions

Mon 11 May	9:00 am	Cruz Reners
Tue 12 May	7:00 pm	Bill Swallow +
Wed 13 May	9:00 am	Amy Fonda
Age Care	10:30 am	All Souls
Thu 14 May	9:00 am	Ada Emard +
Good Sams	10:30 am	all the residents
Fri 15 May	9:00 am	Fr Claire +
Sat 16 May	5:00 pm	Boris Horvath +
Sun 17 May	11:00 am	Allan Pritchett +

Mass Intentions guidelines

To those requesting multiple Masses (be it for one person or several different people) please note that **only one Mass per person requesting** can possibly be prayed here in this parish. We will make every effort to schedule one Mass here on the date you are requesting. **We cannot hold Mass requests for more than 2 months, all other requests will be sent away.**

Donation envelopes

Donation envelopes for 2026 can be picked from the tables in the gathering space. If you wish to sign up for Pre-Authorized Giving Plan please contact Moncy: finance@stmarthasparish.ca
 For those who already have PAD, a box of special donations envelopes is available at the parish office.

If you use the envelopes in the pews: PRINT your name, so that the donation can be assigned to your account.

Assumption Charismatic Prayer meetings and potluck

Assumption Charismatic Prayer Group meet every Wednesday at 7:00 pm in Assumption Hall. Their monthly potluck is on the first Wednesday of the month. Doors open at **5:30pm**, supper at 6pm with praise and worship starting at 7 pm at Assumption Hall.

Vocations Rally

God calls each of us through our baptismal call to live a life of holiness and service. This call unfolds uniquely in every person, whether through priesthood, consecrated life, marriage, the permanent diaconate, or lay vocations. Join us in fostering a culture where every vocation is nurtured and celebrated! Save the date for the Vocations Rally 2026: **Trinity Sunday, May 31, 2026 - from 11 am to 4:30 pm at St. Michael Catholic Community**. Discover, support, and pray for vocations in our diocese!

- More information about speakers will be available at catholicyc.ca/vocationsrally

Register here: <https://tinyurl.com/yv723zb2>



St. Martha's Outreach Ministry

This week I am happy to announce that St. Martha's Outreach has been approved as an official ministry of the parish. What this means is that the ministry has been vetted by the diocese and now falls under the umbrella of parish ministries and we can again post announcements in the parish bulletin. Our official name is, "St. Martha's Outreach" – a ministry where "all are called, all matter, and all belong." We continued to do our work while waiting for approval but now I have some things to ask of you. We have a donation box in the church entrance where you are invited to drop off items. Here is a list of some of the things we need:

- Peanut butter
- Jam
- Cheeze whiz
- Water – we can always use bottles of water
- KofC/CWL gift cards – we use these to buy bread for sandwiches and other items.
- Gloves
- Men's and lady's underwear, socks
- Packaged snacks – preferably soft
- Candies
- Toothbrushes, toothpaste, soap, deodorant, body lotion, hand cream, sunscreen, Band-Aids
- Clothes – as we are heading to summer t-shirts, hats, hoodies, jeans, light socks
- Volunteers to help make muffins, sandwiches, soup etc.

Contact the office to get yourself set up to help.

Note: Anything that we are not able to donate directly to the people I make sure it gets to a place where it can be used. If someone wanted to take care of that for the ministry that would be a great help. If you have any questions or wish to become involved in the ministry please "reach out" to me Ken Hakstol @ 403.382.9856



Groups/associations in the parish

CWL meet every 2nd Tuesday of the month, at 7:00 pm, in the KofC Hall

The Legion of Mary meets every Wednesday, at 6:00 pm, in the basement of St. Martha's Church (meeting room #3). All are welcome!

The Mothers' Rosary group will be meeting weekly downstairs at St. Martha's for prayer and fellowship, every Wednesday from 9:30-11:30. Mothers are looking for a volunteer to babysit their children: contact the parish office if you are available!

Facebook group "Women's Rosary Group - Lethbridge" Women of the parish, you are invited to join the group, for information on weekly gatherings and other events to build faith and community for those from both Lethbridge parishes.

Abiding Together Podcast group for adult women is Wednesdays from 6:30pm - 8:00pm in the gathering space at St. Martha's. For info email Shanice scharchun@gmail.com

Hobby prayer group meetings on Mondays at 1:30pm

Hopeful Hearts: the Journey Forward: a bereavement support group for everyone coping with loss. Next meeting MAY 19 at 1pm.

St. Vincent de Paul needs YOUR help and asks for your generosity: on the first weekend of the month there will be volunteers collecting your donation at the end of Mass. THANK YOU!

Our parish relies on your Sunday offerings for maintenance and growth. By making your pre-authorized offertory gift, you are providing crucial support to care for your parish. Contact our parish office to set up a direct debit deposit.

Sacraments

Baptism Infant baptism is celebrated following the completion of our parish baptism preparation program. New and expectant parents are invited to contact Zachary Hampton, our Sacraments Coordinator, for more information: sacraments@stmarthasparish.ca

First Reconciliation: Please note that completing First Reconciliation is a requirement for First Communion classes in the spring.

First Holy Communion, Confirmation: Contact Zachary Hampton, Sacraments Coordinator, for more information: sacraments@stmarthasparish.ca

RCIA (Rite of Christian Initiation of Adults): If you or anyone you know is interested in becoming Catholic, please sign up on the parish website. For more info, please reach out to Zachary: sacraments@stmarthasparish.ca

Marriages/Marriage Preparation: Couples registered within the parish are required to make arrangements at least **six months prior, no exception**, to the date of marriage by calling the office to schedule interviews with the pastor and completing the marriage preparation program. Couples complete the marriage preparation course AFTER their first interview with the pastor. Calgary diocese marriage preparation courses: catholicyc.ca/marriage_prep . There are also classes available at All Saints Parish, Lethbridge.

Anointing of the Sick If you have a relative who has been admitted to hospital please call the parish office.

SFXC Events

Every Thursday - Mass & Adoration 6:30pm at St. Martha

May 20 – Book Study, 7pm at KofC House

May 30 – Coulee Climbing, 10am

See posters for more details and stay tuned on Instagram (@sfxc_leth), or email santiago.torres@calgarydiocese.ca

4th Annual Women's Conference

Who You Say I Am: A two-day conference with talks, prayer, and fellowship featuring speakers Sr. Mary Margaret Hope (SV), Fr. Cristino Bouvette, and Sr. Fidelity Grace (SV). Friday & Saturday, **May 22–23** at Our Lady of Fatima Parish, Calgary.

Tickets at whoyousayiam.eventbrite.ca

Family Life events

Youth Night Grades 9 - 12

Sundays

At: Assumption Hall

7:15 PM - 9:00 PM

Youth Nights Grades 6 - 8

Wednesdays

At: St. Martha's Parish

6:15 PM - 7:30 PM

Share the Mission Award

Nominations are now welcome for the Holy Spirit Catholic School Division's "Share the Mission Award." This prestigious award recognizes community members, parents, students, and school staff who have:

Offered outstanding or long term service for the benefit of our students;

Accepted demanding challenges and set new standards for the rest of us to follow;

Contributed, through action and deed, to the Catholic atmosphere of our schools;

Demonstrated involvement and leadership in community / parish organizations;

Reflected the Mission Statement of the Holy Spirit School Division in all actions.

If you know of an individual or group you would like to nominate, please forward their name to the Holy Spirit School Division Office **by June 5, 2026**. The nomination form is available online on the division's website or by clicking on the following link:

<https://tinyurl.com/4eb5wfpn>

Ring found on 12/13 March

A ring was found in between March 12 and 13. If you were at the parish around that time and you missed yours, come to the office for proof of ownership.

2026 Missal with a crochet cross

A Missal was lost on Sunday, April 26; it has a crochet cross, which is a very dear keepsake to the owner. Please return it to the parish office or call to inform you have it.

ADORATION

EVERY TUESDAY

12:00 pm - 6:00 pm

EVERY WEDNESDAY AND THURSDAY

9:30 am - 3:30 pm

EVERY FRIDAY

9:30 am - 8:00 pm

EASTER TIME



2026 Hike For Life

When: Saturday, May 30, 2026

Where: Henderson Lake Kiwanis Shelter - 9:00 a.m. prayer and kick-off.

What: A fundraising Walk/Hike around beautiful Henderson Lake. Please join us for free food, fellowship, free T-shirts, kids' games, face painting, bouncy castles and prizes! Door prizes from local, supporting businesses will be drawn at random for all donors. Come for fellowship even if you can't walk! Please consider donating or supporting someone who will participate in our walk - we need to reach our goal to fund Elsie's House - our maternity home for women in need, and to support our LIFE education projects in Southern Alberta. We can't do this without your support! - Donate Online at lifelethbridge.org. You can also donate via E-transfer to lethprolife@gmail.com If needed, you can email details or ask questions using the same email address.

